

# Family Update

9th February 2024



## Updates

What a lovely week the children have had this week. On Wednesday we celebrated **'My Voice Matters'** by putting on a range of relaxing and fun activities, recognising **Children's Mental Health Week**. Children engaged in sessions of Soundbath, Pampering, Dancing Like no-one is Watching, Messy Art, Singing and Signing, Outdoor Fun, Drumming, Cooking, and Cuppa and a Chat in the Café. We have also launched our **My Voice app** which children can use to record any concerns they may have about their health, safety and well-being. We made these more accessible to all by distributing QR codes around school for quick access with their electronic tablets. The codes are also accompanied by symbol cards so other children can indicate that they need someone to listen to their worries. This helps inform us of any worries children may have including friendship breakdowns so we can pre-empt any possible bullying before it occurs. **These all help children to 'shout out' in all the varied ways they can, and helps empower them to keep themselves safe and happy.**

Hub 4 have run their annual **Palentines Project**, where they focus on 'Pals' rather than valentines, and sharing something nice and positive with them to show their gratitude for being a good friend. This widens the appreciation of relationships around children and so is more inclusive. This afternoon we have held our **Valentines Disco** which most of the children love, however for those for whom this is overwhelming, we also had quieter activities including Valentine's card making, sensory story / story massage, biscuit icing, fancy dress and inflatable instruments, and a variety of red objects and textures to explore e.g. play dough, petals and red rice.

It just leaves me to wish you a very lovely half term break and all the best from Your Leadership Team

## Key Contacts

### Physio Team:

Tel: 01889 572021 / Email:

[paedphysiosouth@mpft.nhs.uk](mailto:paedphysiosouth@mpft.nhs.uk)

### Special School Nursing Team:

Tel: 07811487429 (Nicola Ball)

Email:

[saxonhillnursingteam@mpft.nhs.uk](mailto:saxonhillnursingteam@mpft.nhs.uk)

Facebook: [Staffordshire Special School Nursing Team](#)

## Key Dates



Monday 12th February—Friday 16th February—Half Term

Thursday 7th March—World Book Day

Monday 11th March— Friday 15th March—British Science Week

Friday 15th March—Red Nose Day

Monday 25th March—Friday 5th April—Easter Holidays

**Monday 8th April—Inset Day (school closed to pupils)**

## Contact us

[www.saxonhillacademy.org.uk](http://www.saxonhillacademy.org.uk)

[www.twitter.com/saxonacademy](https://twitter.com/saxonacademy)

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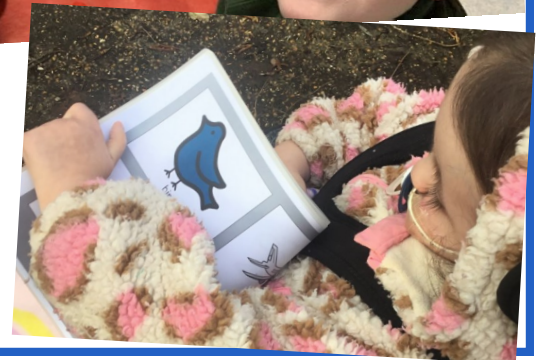
**Headteacher:** Melanie Newbury

**Designated Safeguarding Lead:** Kim Thomas

**Deputy Designated Safeguarding Leads:** Melanie Newbury & Helen Bowers



## What we have been up to this week ...



## Parents Recommend

Please send in any recommendations that you would like to share with other families. This might be about places you have visited, shops that you find useful, services you have used or upcoming events. We would love to hear from you!

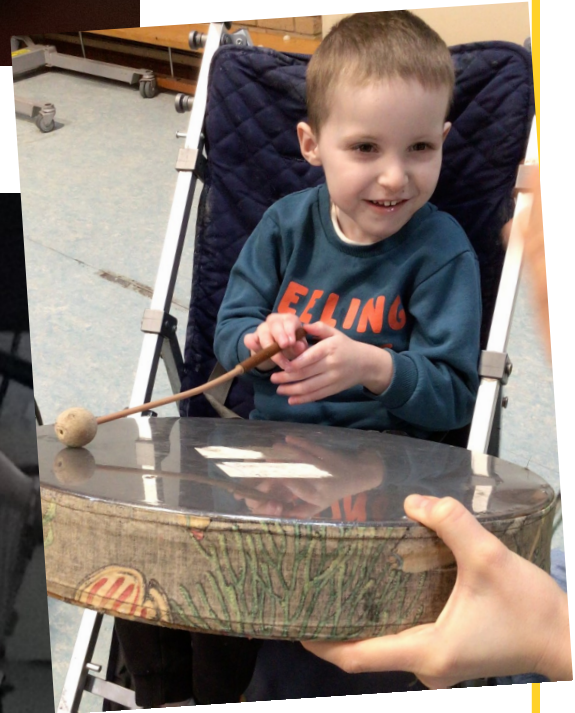
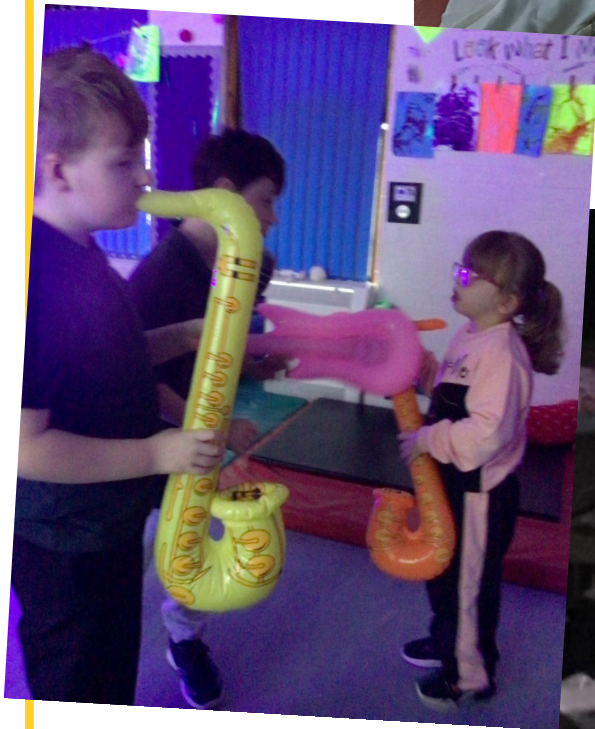
Please email recommendations to:

[emily.thompson@saxon.set.org](mailto:emily.thompson@saxon.set.org)





# Children's Mental Health Week





# Sleepover Club Highlights



Following instructions to construct a bird box.



Martin came to Sleepover Club to talk to us all about bird watching.





# JOIN THE **Super 1s**



**All disabilities welcome  
Ages 12-25**

CHALLENGE YOURSELF  
BE MORE ACTIVE  
IMPROVE YOUR SKILLS  
MAKE NEW FRIENDS

**Free inclusive  
cricket sessions!**

**WHEN:**

Thursdays 5.30pm - 7pm  
(October 2023 - March 2024)  
Oct 5, 19 | Nov 2, 16, 30  
Jan 11, 25 | Feb 8, 22 | Mar 7

**WHERE:**

King Edward VI Sports Centre  
Kings Hill Road, Lichfield  
WS14 9DE

**CONTACT:**

Steve Lightfoot  
[s.lightfoot@staffordshirecricket.co.uk](mailto:s.lightfoot@staffordshirecricket.co.uk)

[www.lordstaverners.org/super1s](http://www.lordstaverners.org/super1s)



**LORD'S TAVERNERS**  
Empowering young people through cricket

Registered Charity No. 306054 | OSCR No. SCO46238



**STAFFORDSHIRE  
CRICKET**

# BUILDING YOUR SELF-CARE THROUGH HORSE-CARE & RIDING

- 8 riders mini course
- 2 hours ABRS qualification
- 6 riders a riding lesson

Contact Tracy on (07398) 452 481  
for further information

FUNDED BY



**Staffordshire  
Together for Carers  
Service**



The Queen's Award  
for Voluntary Service

**We want to hear from you!**

**21<sup>st</sup> February 2024 5:30-6:30pm**

**Receive a £15 Amazon or Luv2Shop voucher for taking part!**



### **Focus Group Details**

The Council for Disabled Children are a charity. We are doing some work with Staffordshire and Stoke-on-Trent to help make things better for children and young people who have, or might have, autism or ADHD. We want to know what support children and young people think would be helpful for autistic people or people with ADHD, or for people who think they might be autistic or have ADHD.

If you live in Staffordshire or Stoke-on-Trent, are aged between **11-25** and would like to tell us what support you think should be available for children and young people, then we would love to hear your views! If you are younger than 11 but would like to tell us what you think, then please do get in touch and we can arrange to chat with you.

CDC will invite you to an online **Zoom** session to talk to you about your views. Your views will help us to write a final report about what support would be helpful.

The session will last for about 1 hour. We may record the session, but it will be deleted soon after and not shared with anyone else. We will keep everything you tell us confidential.

To sign up for the session, please email **Marie** at [mhunt@ncb.org.uk](mailto:mhunt@ncb.org.uk).

As a thank you for taking part, each young person will receive a **£15 voucher** (either Amazon or Love2Shop). If you have any questions about the focus group or the project, please email Marie at [mhunt@ncb.org.uk](mailto:mhunt@ncb.org.uk).

[Please click here to select any of the links in the flyer](#)



Hello  
MARCH



Welcome to the latest edition of the Aiming High Activity Brochure. Here you will find every activity taking place across Staffordshire in March 2024.

If you see just one child beside an activity (as below), it is for the individual.



If you see all four of our children (as below) beside an activity, it is for the whole family to enjoy together.



Click on each district in the box (below left) to jump to the corresponding page.

You can also click on "March Calendar" to see every activity at a glance on one page.

- [East Staffordshire \(1\)](#)
- [East Staffordshire \(2\)](#)
- [Newcastle-under-Lyme \(1\)](#)
- [Newcastle-under-Lyme \(2\)](#)
- [South Staffordshire \(1\)](#)
- [South Staffordshire \(2\)](#)
- [Stafford \(1\)](#)
- [Stafford \(2\)](#)
- [Staffordshire Moorlands](#)
- [Stoke-on-Trent](#)
- [March Calendar](#)

### **From Thursday 1<sup>st</sup> February:**

To book a place on any of the listed activities call:

0300 111 8007

(option 2, then option 3)



Children can have two free activities every month!

Click here for further details:

[Aiming High - Activities and short breaks | Staffordshire Connects](#)



[Please click here to select any of the links in the flyer](#)



## East Staffordshire (1)

**Friday 22<sup>nd</sup> March**

Virtual Wellbeing sessions

5 – 12 years

<https://www.youtube.com/staffswildlife>



**Staffordshire**  
Wildlife Trust



**Tuesday 26<sup>th</sup> March**

10:30am – 12pm

Wild Walk & Draw

5 – 19 years

Stapenhill Gardens, Burton-upon-Trent, DE15 9AP



**Staffordshire**  
Wildlife Trust



**Tuesday 26<sup>th</sup> March**

1:30 – 3:00pm

Wildfamilies at Bramshall Road Park

0 – 19 years

Bramshall Road Park, Uttoxeter, ST14 7SR



**Staffordshire**  
Wildlife Trust



Click here for further details:

[Aiming High - Activities and short breaks | Staffordshire Connects](#)

[Please click here to select any of the links in the flyer](#)



## East Staffordshire (2)

**Wednesday 27<sup>th</sup> March**

9:30am – 1:30pm

Wildfamilies at The Washlands

0 – 19 years

The Washlands, Burton-on-Trent, DE14 1AH



**Staffordshire**  
Wildlife Trust



Click here for further details:

[Aiming High - Activities and short breaks | Staffordshire Connects](#)